



Peppers are native to Central and South America. They are among the first plants to be cultivated there. Pepper seeds dating back to 5000 B.C. have been discovered in Mexico. After explorers from Portugal & Spain made their way to the Americas, they helped spread peppers to other parts of the globe. Because the pepper plant is very adaptable, many different areas of the world started to cultivate them.



Sweet Peppers

VermontHarvestoftheMonth.org

Sweet Peppers

VermontHarvestoftheMonth.org

Peppers are native to Central and South America. They are among the first plants to be cultivated there. Pepper seeds dating back to 5000 B.C. have been discovered in Mexico. After explorers from Portugal & Spain made their way to the Americas, they helped spread peppers to other parts of the globe. Because the pepper plant is very adaptable, many different areas of the world started to cultivate them.

