GREAT WAYS TO PARTICIPATE:
How you utilize VTHOM materials is up to you. With the resources from www.VermontHarvestoftheMonth.org you can:

• Sign the Pledge and receive a monthly newsletter
• Purchase and hang VTHOM posters around your home
• Use VTHOM recipes to cook meals with the featured harvest
• Cook with your kids and family
• Conduct home taste tests with your kids and their friends.
• Buy local!
  • Go directly to the farm or farmstand
  • Find your local farmer’s market
  • Seek out local options at the market or ask your grocery for more local options
• Share the harvest online or on Facebook

USE OUR SIMPLE VTHOM TOOLS TO GET YOU STARTED:
From the website, www.VermontHarvestoftheMonth.org, you can access all the materials you need to promote local, seasonal eating in your home:

DOWNLOAD FREE RESOURCES INCLUDING:

• Recipe cards
• Home flier with activities, storage tips, and fun facts for each VTHOM product
• Archived materials for past VTHOM crops

PURCHASE THESE ITEMS:
VTHOM Crop Posters, buy a set of 13 or individual posters
VTHOM Calendar – the perfect wall hanging!

VTHOM Taste Test Toolkit
• Set of 13 posters (12 VTHOM crops and 1 Summary)
• Voting containers and chips
• Stickers
• VTHOM calendar – featuring recipes
LOCAL FOOD PROCUREMENT RESOURCE GUIDE

DISTRIBUTORS WHO SPECIALIZE IN VERMONT PRODUCTS

Black River Produce
https://www.blackriverproduce.com/

Green Mountain Farm Direct
https://www.greenmountainfarmdirect.org/

Upper Valley Produce
http://www.uppervalleyproduce.com/

CONTACT ANY OF THESE PROGRAMS FOR MORE INFORMATION ON LOCAL PRODUCE DELIVERY OR FARMERS IN YOUR AREA:

ADDISON COUNTY
Addison County Relocalization Network
www.acornvt.org
A nonprofit that provides grower outreach, farm-to-school programming, and produces an annual Addison County Local Food and Farm Guide.

NORTHEAST KINGDOM
Green Mountain Farm-to-School
www.GreenMountainFarmtoSchool.org
A non-profit providing farm-to-school programming, a regional food hub, and coordination of the statewide Vermont Harvest of the Month Campaign.

RUTLAND COUNTY
Rutland Area Food and Farm Link
www.rutlandfarmandfood.org
A nonprofit that provides and oversees an annual Locally Grown guide, food and cooking education, a regional food hub, and farm business development.

WINDSOR COUNTY
Upper Valley Farm to School Network
www.uvfts.org
A network for all those involved with farm-to-school in the Upper Valley region, providing resources and services for members.

WINDHAM COUNTY
Food Connects
www.foodconnects.org
A source for finding local produce markets, farm-to-school information, and local food hubs.

Windham Farm and Food
www.HarvestToMarket.com
A regional food hub project of Food Connects.

STATEWIDE:
NOFA VT
www.nofavt.org
A statewide nonprofit providing assistance and education for farmers and organizations, community food access, farm-to-school and farm-to-institution support, and a directory of local and organic markets.

Vermont Agency of Agriculture Buy Local Directories
www.VermontAgriculture.com/BuyLocal
A source for finding local markets and producers.

VT Farm to Plate, Food Systems Atlas
http://www.vtfarmtoplate.com/atlas
A searchable map for Vermont people, places, and resources in Vermont's food system.

VT Feed
www.VTFeed.org
A program of NOFA VT, VT Feed provides statewide farm-to-school programming.